

### SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under UP Govt. Act No. 29 of 2008 and approved under section 2 (f) of UGC Act, 1956)

## MAHARISHI AUROBINDO SUBHARTI INSTITUTE OF NATUROPATHY & YOGIC SCIENCES

### **ACTIVITY REPORT**

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# **ACTIVITY REPORT 2014 - 2015**

#### **Activity Report of January - 2015**

 A wellness programme about Naturopathy & Yoga was conducted on 24/01/15 at American Kids International School, Ganga Nagar, Meerut. All the final year students of BNYS are participated to propagate Naturopathy & Yoga systems as Brand Building Activity.

### **Activity Report of February - 2015**

 Students are participating in National Yoga Week at Morarji Desai National Institute of Yoga, Delhi from 12/02/15 to 18/02/15.

### <u>Activity Report of March – 2015</u>

• 24 students of BNYS attended the National Conference on 'Yoga & Wellness in Life' at Haridwar from 9<sup>th</sup> to 11<sup>th</sup> March, 2015.

### **Activity Report of June-2015**

- International Yoga day celebration inaugural Function was organised on 20/6/15 at Moot Court Hall, S.V.S.U.
- Yoga exhibition was held at SIFF, S.V.S.U. on 20/6/15.
- Practice of Surya Namaskar follow by Yoga Asanas were demonstrated in the lawns of Law College, S.V.S.U. ON 21/6/15 from 5.30 am to 7.30 am.